



Auditing a Camp for Trauma-Informed Practices

Information Developed by Linda Erceg, RN, MS, PHN.

Description of Trauma-Informed Practice	Done at Camp?
Camp staff know about trauma's prevalence and impact.	<input type="checkbox"/> Yes <input type="checkbox"/> No
The camp facility has environments for those who seek low noise, less interaction with others, need sufficient lighting, and so on.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Camp games are assessed for their ability to trigger trauma and adapted to minimize that potential (e.g., hitting/striking others, going to "jail").	<input type="checkbox"/> Yes <input type="checkbox"/> No
Campers and staff know who to inform when unusual camper or staff behaviors are noted.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cabin/group staff spend at least two minutes a day in one-on-one conversation with each camper in their cabin/group.	<input type="checkbox"/> Yes <input type="checkbox"/> No
The nurse, in addition to caring for the presenting problem, asks clients how camp is going for them and acts appropriately to the person's response.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Campers are repeatedly reminded to say something to a trusted staff member when they're feeling uncomfortable about a situation.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Unexpected changes in the cabin/group counselors are appropriately explained to campers and someone notes camper reactions to those comments.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Campers who are typically quiet and tend to be on the edge of a group are appropriately drawn into the activity.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Activities that may be trauma triggers (e.g., swimming, riflery, night noises) are discussed with campers and coping supports are identified.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Staff note campers who demonstrate withdrawing behaviors when others argue and check-in with that camper later on.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Staff note and take appropriate action regarding aberrant dining behavior (e.g., hoarding food, not eating).	<input type="checkbox"/> Yes <input type="checkbox"/> No
Staff supervisors note potential trauma-related behaviors seen in staff members and appropriately respond.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Pre-arrival information tactfully asks about individual trauma background and/or history.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Trauma information about a given camper or staff member is shared with appropriate staff (e.g., need-to-know basis).	<input type="checkbox"/> Yes <input type="checkbox"/> No